

## Pathways Program

Pathways is available to persons with a currently progressing, life-limiting illness who are receiving life-extending treatment, or who do not need or desire traditional Hospice care.

### Could you use help with...

- transportation to treatment
- running errands
- grocery shopping
- companionship
- meal preparation
- respite for a family caregiver?

### Do you need...

- a hospital bed
- a wheelchair
- an over-bed table
- a shower chair
- a walker
- other durable medical equipment?

### Would you like to talk to a professional about...

- your fears for yourself and your family
- your illness in relation to your spiritual beliefs?

### If you are in financial need we can help with...

- medications and copays
- occasional private sitters and home health aids
- Ensure and Depends

### Help is available in the form of:

#### *Well-Trained Dedicated Volunteers*

Volunteers are available to help in the following ways:

- compassionate listening
- companionship
- help with light chores, errands, and meal preparation
- shopping for supplies, medications, groceries, etc.
- providing transportation to appointments, treatments, and social outings
- respite care – Pathways volunteers are available for up to four hours to spend time with you while the caregiver or family member goes to work, runs errands, rests, or just takes some time for themselves.

### *Counseling*

Our counselor is available to talk with persons on the Pathways Program and their families who are meeting the challenges of life care, grief and loss.

### *Nurse Educator*

Our nurse educator is available to visit to: assess your need for equipment and supplies; help organize medications; demonstrate safe caregiving and transferring techniques to ensure everyone's safety and confidence; teach techniques for easier mobility; answer your medical questions; and discuss treatment options.


### *Spiritual Care and Support*

We offer the services of our hospice chaplain who is available to visit, by request, to offer comfort and to discuss your spiritual thoughts, questions and concerns.

### *Equipment and Supplies*

The Foundation opens its loan closet of helpful equipment to you. If there is financial need, we can also help with supplies, such as Depends and Ensure.

### *The Family Grant Program*

Family Grants are limited amounts of money made available to persons and families demonstrating financial need. Grants can be used to help with specific expenses related to the illness such as medications, occasional private sitters or home health aids. Financial need is recognized when the expenses of the illness make it very difficult for persons and their families to meet their basic needs. We work together with other community resources to ensure your basic needs are being met. 

### **How do I request the services of the Pathways Program?**

We welcome anyone in Talbot County to call about eligibility or to make a referral. Please call our Family Services Coordinator weekdays between 8:30 a.m. and 5:00 p.m. at 410-822-6681.